

## I-131 Radioiodine Treatment Post-Discharge Instructions

Owner's Name: \_\_\_\_\_ Cat Name: \_\_\_\_\_ Date of I-131 Injection: \_\_\_\_\_

Dose Given: \_\_\_\_\_ Date of Discharge: \_\_\_\_\_ End Precautions Date: \_\_\_\_\_

Due to the nature of the radioactive medication used, it is extremely important that you comply with state and federal law regarding post-discharge care for your cat. Your cat will be released with low-level radioactivity still in his or her system that decreases over the next three weeks, so you must:

- Keep your cat indoors for the next three weeks to avoid exposure to any other people or animals.
- Any pregnant woman or person under the age of 18 should not change the litter box or come within 8 feet of your cat for three weeks.
- Any non-pregnant adult can spend 30 minutes per day total petting and holding your cat. Please maintain an 8-foot distance at other times.
- Do not allow your cat to sleep with you at night. It is best to keep your cat in an unoccupied room with the door closed or in a kennel every night for three weeks.
- Avoid face to face contact and any contact with your cat's saliva, urine, and feces. Please wear protective gloves if you must give your cats oral medication.
- Because a small amount of radioactivity is excreted in your cat's urine and feces, special precautions should be taken with the litter box:
  - Please use a plastic litterbox liner and non-flushable litter
  - Please wear protective gloves while cleaning the litter box daily
  - Place soiled litter in a plastic trash bag. Place all soiled gloves and cleaning materials into the same bag. Hold all litter and cleaning supplies in a secure area such as a garage for three weeks. After 3 weeks, dispose of it like regular trash.
  - Wash your hands thoroughly when you are finished with these tasks.
- If your cat vomits, please clean it with protective gloves and dispose of all cleaning items and gloves with the collected litter. Do not let your cat walk on kitchen counters or eat from dishes used by humans.
- Should your cat require veterinary care during this time, please show your vet these instructions and the records we send home with you. ***Please follow up with your regular veterinarian approximately one month following discharge to have necessary post-treatment blood work performed. We strongly recommend the following: renal panel, T4, and kidney function test to include BUN, Creatinine and electrolytes.***
- In the unlikely event that your cat should pass away at home within the three-week period, you will need to bring him or her back to us to be held for no less than 90 days before being buried or cremated. I have read, understand, and agree to comply with the above radiation safety instructions when my cat returns to my care.

Pre-Admission Signature of Owner: \_\_\_\_\_ Date: \_\_\_\_\_



✦ [www.atomicVet.net](http://www.atomicVet.net) • 501.500.5220 • [pennyoxford@atomicvet.net](mailto:pennyoxford@atomicvet.net) • Mountain Home, Arkansas ✦